

Title: Promoting Active Ageing

Wards Affected: All

To: Health and Wellbeing Board **On:** 6 September 2018

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1. What has been achieved in the past twelve months?

1.1 'Food for Thought' and Innovation Fund Commissioning work

Our 'Food For Thought' and Innovation Fund Commissioning reflected a genuine process of empowerment, moving towards real participation and an exchange of power. The process started with consultation through the Food for Thought sessions which enabled us to collect the views of older people. The issues raised by older people were then written as outcomes into AWT Innovation Fund Commissioning plan and the fund was launched for local commissions up to £25k – around three different outcomes (increased activities, overcoming the barriers to social connection, IT and intergenerational working). A panel of seven local older people were trained by Hall Aitken to assess over 30 tenders and in total, almost £170k was allocated to eight local projects which included:

Wellswood Wheels

Providing a 'Door to door' bookable minibus service, for people over 50 including support from an assistant driver and the driver, to walk or be wheeled to the bus, get on the bus, and be helped off the bus safely. The contract commenced on 1st December 2017.

Hear & Now - Sound Communities

The project will run over 2 years and bring together younger and older people in local history groups, care homes and communities to record, produce, broadcast and archive local stories and memories across Torbay.

Digital Inclusion - Torbay Healthwatch

Project to bridge the 'digital divide' for those unable to use online services and effectively excluded from health and social care resources and services. Offering one-to-one support in the community or at home.

Ellacombe Café - Ellacombe Community Partnership

Project to provide a new community internet café with opportunities for older people to expand their existing skills set, socialise and feel valued. The café opened in April 2018.

Karing

Trialling different activities for older people including Sunday Tea Dances, and new craft classes, social trips and garden parties.

Daybreak Peer Support – Step One

This project has created new mental health peer support networks for people over 50, to reduce anxiety, depression and low self-esteem, by providing groups, outreach and engagement sessions.

So-Fly

Garden Project to bridge the Inter-generational gap – and help to build mutual understanding and communication through peer-led groups and also one-to-one matched mentoring.

Riviera FM

Project offering people over 50 the chance to have media training on all aspects of running a radio station including developing content, presenting programmes, outside broadcasting and developing social media campaigns.

1.2 NEW COMMISSIONS

Financial Advice Information and Resilience (FAIR) - January 2018 – December 2020 - £175K

The FAIR service was commissioned in Autumn 2017 following open collaboration workshops which were held across Torbay, and co-design workshops with older people who had told us they wanted more accessible and low level advice services, and to also be involved in providing information and support to their peers. The partnership of agencies involved in providing the new service includes Visualey, Mencap, Citizens Advice Torbay, Age UK Torbay, Homemaker Southwest, Youth Enquiry Service and Brixham Does Care.

Wellbeing Co-ordination June 2018 – March 2021 £270K

The social prescription model works with people currently in the health system and remove the barriers from achieving their personal aspirations and taking part in their community. The WBC project was due to finish at the end of June 2018, however:

- The Neighbourhoods' and WBC teams over the last 2 years have worked increasingly closely together and both teams have said it would be difficult to continue making an impact without the presence of the other.

- Before the WBC team came on board, it was difficult for community builders to progress with stimulating activities as they became bogged down in individual support and there was a concern that if the WBCs go, this will leave a gap they will be called on to fill.
- The WBC and Neighbourhoods team were designed to be a systemic approach and they are forming an integral part of the programme.

Consequently there was unanimous support from the AWT programme board to jointly fund with the ICO, the continuation of this project into years 4,5, and 6 (from June 2018 – March 2021).

3. What is the planned activity for the next six months?

2.1 NEW COMMISSION 'Staying Put – Peer Support Commission' £250K

During our 'Food for Thought' sessions, many people over 50 identified themselves as being an 'untapped resource' and more able to support their peers (with low level DIY, gardening, shopping, household chores, neighbourly driving) to live inter-dependently.

However they recognised that there were barriers to helping or providing this natural support, such as the potential suspicion people fear their offers of support will be met with, and the possible need for CRB checks and/or insurance.

Ageing Well Torbay is committed to supporting local organisations to innovate, collaborate and develop high quality projects and tender submissions. In order to support this, the AWT programme office team have been facilitating collaboration between organisations and also supporting tenderers to come together with people over 50, and utilise 'Service Design thinking and principles' to co-design an innovative 'Staying Put – Peer Support' project.

Final ITT to be sent out in September 2018.

NEW COMMISSIONS – Mental Health Peer Support & IT support September 2018

Appendices

Background Papers:

The following documents/files were used to compile this report:

[Positive Ageing Strategy & Older Persons' Assembly development](#)